



Nautical sayings compilation

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Cannon balls and the brass monkey

It was necessary to keep a good supply of cannon balls near the cannon on old war ships. But how to prevent them from rolling about the deck was the problem. The storage method devised was to stack them as a square based pyramid, with one ball on top, resting on four, resting on nine, which rested on sixteen. Thus, a supply of 30 cannon balls could be stacked in a small area right next to the cannon. There was only one problem—how to prevent the bottom layer from sliding/rolling. The solution was a metal plate with 16 round indentations, called, for reasons unknown, a Monkey. But if this plate was made of iron, the iron balls would quickly rust to it. The solution to the rusting problem was to make them of brass—hence Brass Monkeys.

However, brass contracts much more and much faster than iron when chilled. Consequently, when the temperature dropped too far, the brass indentations would shrink so much that the iron cannon balls would come right off the monkey. Thus, it was quite literally cold enough to freeze the balls off a brass monkey. And all this time folks thought this was just a vulgar expression!

Halo, Winter 2009

Fits the bill

This phrase used to describe something that is just what is required and is derived from the Bill of Lading. This was an inventory of goods received and a promise to deliver in the same condition signed by the captain of a merchant ship. When the ship reached its destination the cargo would be confirmed according to the bill.

Halo, Autumn and Winter 2010

Fly by night

Most people think that the term 'fly by night' means someone who will turn up to do something only to have disappeared by nightfall, usually after being paid for a job half finished. May be so but a fly-by-night was also a large sail used only in specific wind conditions. The fly-by-night was employed instead of the usual collection of smaller sails, making it easier to manage. It could also only be used when sailing downwind and, more or less, the only time it would be used was during the night when most of the crew were asleep below.

Halo, Summer 2011

Money for old rope

A saying with its basis in nautical history that is a quite literal translation. The phrase used to describe financial gain for doing very little, actually derives from a fact that, in olden times, if a sailor landed in port short of cash he would sell lengths of old rope that would otherwise have been discarded.

Halo, Summer 2011

Over a barrel

Many moons ago the most common form of punishment aboard a ship was flogging. The Sailor receiving the punishment would quite often be tied over the barrel of a deck cannon obviously in an uncompromising position. Hence the phrase “you’ve got me over a barrel”
Halo, Summer 2010

Piping hot

When something is served piping hot it basically means it has come more or less straight from the hob or oven. So why ‘piping’? It is basically a reference to an old fashioned ship’s form of dinner bell or gong. Rather than ring a bell or banging a gong the boatswain would pipe a signal to announce that meals were being served.
Halo, Summer 2011

Shake a leg

The traditional wake up call used by armed forces was first used on board ships in port. The idea was to distinguish which hammocks were occupied by crew members and which were being used by lady guests or both. Basically everyone was told to show or ‘shake’ a leg. Those that were hairy were obviously sailors the smoother variety belonged to females, who were promptly rounded up and sent back ashore. Makes you wonder how many sailors might have taken to shaving their legs to get some extra shore leave.
Halo, Spring 2010

Up the creek—Haslar Creek

We all know that to be up the creek means that there is trouble in store, but did you know that the creek in question is believed to be Haslar Creek in Gosport. This is where the Royal Naval Hospital was built and first brought into use in 1753. The site was difficult to access, being enclosed by the creek and the sea, and it is thought that this was in order to prevent any press ganged sailors from doing a runner. So, to be rowed up Haslar Creek was truly to be in trouble – in 1745 more than 9 acres was set aside as a cemetery. By the time the hospital was closed in 2009, there was believed to be in the region of 8,000 military personnel buried there.

It must be said, however, that survival rates at Haslar were exceptional for the time, thanks to the enlightened attitude towards infections of James Lind, who was also one of the first to document the effects of lime and lemon juice on scurvy. Regretfully, the value of his findings was not recognised until 40 years later, a year after his death, when citrus fruit became a compulsory part of the Royal Navy diet.

Haslar Hospital also set up the first blood bank, in the 1940’s, to treat soldiers wounded in the Second World War.

Halo, Spring 2011

A clean slate

During each watch aboard a ship a record of relevant details would be made by the watch keeper –courses, distances, speeds, tacks and any problems. These would be written on slate tablets with chalk. If, at the end of his watch, there were no problems to report the tablets would be wiped clean ready for the next watch.

Halo, Winter 2011